

LET'S TALK
TELE THERAPY
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Financial/Non-Financial Disclosure

- No current financial or non-financial disclosures to make prior to presenting today

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Learning Objectives

- Following completion of this course, the participant will be able to define telepractice and list three models of service delivery within the field of speech-language pathology.
- Following completion of this course, the participant will be able to integrate understanding of technological components of telepractice and apply to teletherapy sessions.
- Following completion of this course, the participant will be able to plan and prepare for assessment and intervention through the selection of appropriate materials and activities.

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What is telepractice?

- ASHA defines telepractice as "the application of telecommunications technology to the delivery of speech language pathology and audiology professional services at a distance by linking clinician to client or clinician to clinician for assessment, intervention, and/or consultation." (ASHA, 2013)
- Equal in quality to face-to-face services
- Clinician adherence to Code of Ethics, Scope of Practice, ASHA policy, state and federal laws
- May be synchronous, asynchronous, or hybrid

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Why teletherapy?

- Environment for patients and professionals
- Increase in caseload size
- Decreased access to therapy
- Convenience
- Changes in delivery of healthcare

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Selection of Clients

- When selecting clients that may be appropriate for telepractice, consider:
 - Physical characteristics
 - Cognitive function
 - Communication level
 - Available resources

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Set-up

- Set up and equipment
 - Consider your environment
 - Equipment
 - Computer
 - Webcam
 - Headset
 - High Speed Internet
 - Ethernet Cable
 - Chair
 - Optional 2nd Monitor

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Tackling the Tech

- The internet
 - Speed
 - Connection
 - Bandwidth

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Tackling the Tech

- Common problems:
 - Audio issues
 - Glitches and lags
- Troubleshooting tips:
 - Clear cache
 - Minimize open windows and running apps
 - Decrease other internet users
 - Restart
 - Proximity to router

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Assessments Via Telepractice

- Planning:
 - Assessments in digital format
 - Preparing for administration
- Administration:
 - Ensuring adequate environment
 - Take note of any deviances that occur
- Reporting:
 - Administration details
 - Interpretation and scores reporting

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Intervention Tools for Telepractice

- Boom cards (The Type B SLP, 2020)
- Static vs. Interactive PDFs (Allison Fors, 2018)
- Screen mirroring (Super Duper Inc., 2011)
- Split screen activities (Allison Fors, 2018; The Type B SLP, 2020)
- Document cameras (IPEVO, 2019)

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Other Resources

- ASHA Practice Portal on Telepractice
- ASHA State-By-State Tracking of Laws and Regulations for Telepractice and Licensure Policy
- ASHA Information on Reimbursement for Telepractice
- ASHA CE Courses on Telepractice
- ASHA's SIG 18
- Pearson Assessments
- Individual Video-conferencing Platform Websites

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